



## FOOD MENU

EATING OUT IS A SOCIAL EVENT, A GREAT CHANCE TO CATCH UP WITH FRIENDS & FAMILY ALIKE, AND WHAT BETTER PLACE TO DO THIS THAN HERE AT PLATO'S

ENJOY NIBBLES, SMALL PLATES OR SHARE OUR NEWLY LAUNCHED ARTISAN BOARDS WHILST SIPPING OUR FAMOUS COCKTAILS & WINES OF THE WORLD.

WE ARE PROUD TO WORK IN PARTNERSHIP WITH LOCAL SUPPLIERS INC. THE CRAFTY CHEESE MAN, EWGA WINES & ATKINSONS SPECIALITY TEA & COFFEE OF LANCASTER



PLEASE LET YOUR SERVER KNOW OF ANY DIETARY REQUIREMENTS OR ALLERGENS ON ARRIVAL. UNFORTUNATELY, WE ARE UNABLE TO 100% GUARANTEE ALLERGY REQUESTS DUE TO THE HIGH RISK OF CONTAMINATION IN THE KITCHEN.

### NIBBLES AND SMALL PLATES

SALTED PARSNIP, SWEET POTATO & BEETROOT CHIPS £2.50

HONEY CHILLI CASHEWS £3.50

GORDAL OLIVES £4.50

GRILLED ARTICHOKE HEARTS & STUFFED KABANAKI PEPPERS £5.00  
MARINATED IN EXTRA VIRGIN OLIVE OIL, GARLIC & PARSLEY

HOMEMADE BREAD £6.50 (SEE BLACKBOARD FOR TODAY'S BREAD SELECTION)  
WITH EXTRA VIRGIN OLIVE OIL & BALSAMIC OR SALTED BUTTER

ANCHOVIES £4.00  
MARINATED IN EXTRA VIRGIN OLIVE OIL, PARSLEY & LEMON

AWARD WINNING PORK PIE £5.50  
WITH EITHER CARAMELISED ONION & GINGER CHUTNEY, SAFFRON, PEAR & APPLE CHUTNEY, OR CHILLI JAM

LEMON & GARLIC HUMMUS £6.00  
WITH FRESH CRUNCHY VEGETABLES & HOMEMADE BREAD

DRESSED GREEN SALAD £3.50  
ROCKET, CUCUMBER, PEPPERS



## ARTISAN BOARDS

### BRITISH DELI BOARD (SERVES 2) £27

OWD YONNER 🍷 CHEPYN BLUE 🍷 BATH SOFT 🍷 FENNEL & ANNISE SALAMI 🍷 CORNISH COPPA 🍷  
BEECH SMOKED AIR DRIED HAM

SERVED WITH

PICKLED VEGETABLES 🍷 BALSAMIC ONIONS 🍷 STUFFED KABANAKI PEPPERS 🍷 CHILLI JAM 🍷 SAFFRON  
PEAR & APPLE CHUTNEY / CARAMELISED ONION & GINGER CHUTNEY 🍷 RYE CRACKERS

### BRITISH CHARCUTERIE BOARD (SERVES 2) £28

BRESOLA 🍷 SMOKED PAPRIKA SALAMI 🍷 CORNISH COPPA 🍷 FENNEL & ANISE SALAMI 🍷 BEECH  
SMOKED AIR DRIED HAM 🍷 OUR OWN HOMEMADE POTTED MEAT 🍷 AWARD WINNING PORK PIE

SERVED WITH

PICKLED VEGETABLES 🍷 BALSAMIC ONIONS 🍷 STUFFED KABANAKI PEPPERS 🍷 CHILLI JAM 🍷 SAFFRON  
PEAR & APPLE CHUTNEY / CARAMELISED ONION & GINGER CHUTNEY 🍷 RYE CRACKERS

### BRITISH CHEESE BOARD (SERVES 2) £27

OWD YONNER 🍷 CHEPYN BLUE 🍷 HIGHMORE 🍷 TOVEY 🍷 BATH SOFT

SERVED WITH

PICKLED VEGETABLES 🍷 BALSAMIC ONIONS 🍷 STUFFED KABANAKI PEPPERS 🍷 CHILLI JAM 🍷 SAFFRON  
PEAR & APPLE CHUTNEY / CARAMELISED ONION & GINGER CHUTNEY 🍷 RYE CRACKERS

### BRITISH SOLO BOARD (SERVES 1) £17

OWD YONNER 🍷 CHEPYN BLUE 🍷 BATH SOFT 🍷 FENNEL & ANNISE SALAMI 🍷 CORNISH COPPA 🍷  
BEECH SMOKED AIR DRIED HAM

SERVED WITH

PICKLED VEGETABLES 🍷 BALSAMIC ONIONS 🍷 STUFFED KABANAKI PEPPERS 🍷 CHILLI JAM 🍷 SAFFRON  
PEAR & APPLE CHUTNEY / CARAMELISED ONION & GINGER CHUTNEY 🍷 RYE CRACKERS

### VEGAN BOARD (SERVES 1) £15

SMOKED VEGAN CHEESE 🍷 CHARGRILLED ARTICHOKES 🍷 LEMON & GARLIC HUMMUS 🍷 PICKLED  
VEGETABLES 🍷 MARINATED OLIVES 🍷 BALSAMIC ONIONS 🍷 SAFFRON, PEAR & APPLE CHUTNEY 🍷  
CHILLI JAM 🍷 RYE CRACKERS

SEE SPECIALS BOARD FOR OUR HOT DISH OF THE DAY



## FOOD STORIES

### CHEESE

#### OLD YONNER

THIS IS A FANTASTIC CLOTHBOUND TASTY LANCASHIRE THAT REALLY DOES GIVE YOU EVERYTHING. IT HAS A RICH AND CREAMY BEGINNING THAT DEVELOPS ON THE PALLET INTO A STRONG LANCASHIRE FLAVOUR AND CONTINUES TO GET STRONGER WHICH IS LARGELY DUE THE LENGTH OF MATURATION

#### CHEPYN BLUE

THIS BLUE IS MADE IN CHIPPING LANCASHIRE AND IS ONE THAT I HAVE HAD SOME INPUT IN. ALONG WITH THE TEAM AT THE DAIRY WE HAVE CREATED A SPECIAL BLUE CHEESE THAT IS EXCLUSIVE TO ME THAT IS SIMILAR TO A GORGONZOLA WITH THAT CREAMY RICHNESS AND ALMOST SWEET NUTTY FLAVOUR.

#### HIGHMORE

HIGHMOOR IS THEIR SUPPLE WASHED RIND CHEESE, NOT DISSIMILAR TO THE LIKES OF LIVAROT AND PONT L'ÉVÊQUE. MADE USING WHOLE MILK THE CURD IS HAND LADLED AND DRAINED TO PRODUCE A FIRMER PASTE THAT BREAKS DOWN OVER THE 5 WEEKS IT IS MATURED. WASHED FREQUENTLY IT DEVELOPS A STICKY ORANGE-RIND AND RICH FLAVOURS. ONLY DEVELOPED IN AUGUST 2018, THIS REALLY IS THE NEW KID ON THE BLOCK!

#### TOVEY

THIS CHEESE IS DRY AND ALMOST CRUMBLY IN TEXTURE BUT STARTS TO SOFTEN AROUND THE EDGE. SMALL LIKE A CAMEMBERT IT LOOKS WONDERFUL AND TASTED EVEN BETTER

#### BATH SOFT

BATH SOFT IS A SQUARE CHEESE WHICH IS SOFT AND YIELDING WITH A WHITE BLOOMY RIND. THE CHEESE HAS A GENTLY AND CREAMY FLAVOUR WITH MUSHROOM AND CITRUS UNDERTONES. BATH SOFT HAS A RICH AND INTERESTING HISTORY AND REPORTEDLY WAS SENT TO ADMIRAL LORD NELSON IN 1801 BY HIS FATHER AS A GIFT. IT WAS NOTED THAT LORD NELSON'S SWEETHEART WAS 'GRATIFIED' BY THE FAVOUR OF THE CHEESE

### CHARCUTERIE

#### SIRLOIN BRESOLA

MADE WITH SOUTHWEST BEEF SIRLOIN; TRADITIONALLY DRY CURED IN A BLEND OF SALTS, HERBS AND SPICES, THEN SLOWLY AIR DRIED FOR SEVERAL MONTHS. A MELT IN THE MOUTH TEXTURE WITH LAYERS OF FLAVOUR!

#### OAK SMOKED PAPRIKA SALAMI

MADE WITH CORNISH LEG OF PORK, FLAVOURED WITH CREAM SHERRY AND A MILD PAPRIKA WHICH HAS BEEN SLOWLY SMOKED WITH OAK WOOD, THIS CORNISH SALAMI HAS A TASTE OF THE SPANISH CHORIZO

#### CORNISH COPPA

THE COPPA JOINT RUNS THROUGH THE SHOULDER FROM THE BASE OF THE NECK TO THE TOP OF THE LOIN. MADE FROM CORNISH PORK SHOULDER, SLOWLY DRY CURED IN A BLEND OF SALTS AND SPICES, COATED IN A PEPPER SPICE MIX AND SLOWLY AIR DRIED TO DEVELOP IT'S STRONG PUNCHY FLAVOUR

#### FENNEL & ANISE

MADE WITH CORNISH LEG OF PORK & TOP RUMP OF CORNISH BEEF MIXED WITH LIGHTLY BRUISED FENNEL SEED, STAR ANISE & PORT GIVES THIS SALAMI A MOUTHFUL OF FLAVOUR AND FAVOURED BY MANY CHEF'S

#### BEECH-SMOKED AIR-DRIED HAM

A LIGHTLY BEECH SMOKED AIR-DRIED HAM IN THE SCHINKENSPECK TRADITION, SWEETER AND SOFTER THAN OUR MONMOUTHSHIRE AIR-DRIED HAM